



## 2026 Welcome Package

March 21<sup>st</sup>, 2026  
Doug Wickenheiser Arena

Hosted By:



# Welcome

On Behalf of Regina Synchronized Skating Teams and our competition committee, we welcome all teams, coaches, officials, volunteers, and spectators to the 2026 Living Skies SynchroSkate Invitational.

## Schedule

### Competition Schedule

The Overall Competition Schedule and Detailed Team Schedules will be posted to the Skate Saskatchewan Event Page, RSST 2026 Living Skies Page, and emailed to you as soon as they are available. Schedules are subject to change.

### Practice Ice

Practice ice will begin Saturday morning at 7:30am and is scheduled by club. Schedules are subject to change.

Please note that the gymnasium will not be available for warm ups until 9:00am. Teams scheduled before then are welcome to use any of the open spaces available at the facility.

### Opening Ceremonies

Opening ceremonies will commence at 12:00pm.

We invite up to two skaters from each team to the ice to take part in a parade of teams. Team banners may be carried if the skaters wish. Any skaters participating in the parade should be at the ice entrance with skates on by 11:50am.

### Medal Ceremonies

Medals Ceremonies will take place in the rink lobby during the following times:

Adult 1 & Star 4 Awards\* @ 6:30pm Flood Break

Open & Star 8 Awards @ 7:15pm Flood Break

Adult 3 & Star 6 & Adult 2 Awards @ 8:20pm Following Completion of Competition

\*Star 4 Awards will be based on the teams' second skates of the day.

### Start Orders

Official start orders for the first skates will first be posted on the Skate Saskatchewan Event Page. RSST will indicate when they are available and repost them to their own site.

Start orders for Star 4 teams will be the same for both skates.

Start orders for the second skate of teams Star 6 and above will be the reverse of the team placement from the first skate.

## Results

Scores for all teams Star 6 and above will be announced following each skate (subject to availability).

Report cards will be available for coaches or team managers within 1 hour of the completion of each category.

Start orders and segment results will be posted at the rink in the main hallway.

All Start Orders, Segment Results, and Report Cards will be posted to the website as available.

## Facility Information

The Doug Wickenheiser Arena is located at 1127 Arnason St in NW Regina. There are two parking lots at the facility: one on the south side of the arena, and one on the northwest side of the facility by the pool/spray park. Street parking is also available if needed.

## Ice Access

Entrance to the ice will be from the gate directly across from the official's panel. Exit from the ice will be in the corner gate to the right of the judges panel. Maps will be provided via email, or upon the time of registration.

## Warm Up Area

The designated warm-up area for the competition is in the gymnasium at the west end of the building across from the pool. The far end of the gym will have tables and chairs available for each club to leave any belongings/get ready/eat at. A volunteer will monitor the main entrance to keep the area secure.

## Dressing Rooms

Dressing rooms 1-4 are down the ramp in the arena under the stands. Dressing rooms 5 & 6 are in the long hallway. All dressing rooms will be marked with signs and monitored by a security person.

## Food

**There is no concession available at the arena.** There are vending machines in the main hallway, and our club will have a small Toonie Bar set up in the arena lobby with coffee, tea, and basic snacks. You are welcome to bring in any outside food or drink you wish throughout the day or arrange for food deliveries directly to the rink. There are many restaurants within a 10-minute drive along Rochdale Blvd.

# Other

## Accreditation

Each team will be allowed up to 2 Coaches, 1 Team Manager, and 2 Chaperones. Accreditation is required and will be given to the teams upon registration. Only Coaches and the team manager will have access to ice level during practice and competition.

## Admission

Admission for any spectators will be \$5 for the entire day and will be **cash only**. Children under the age of 5 are free.

## Photography

A professional photographer will be taking photos at the event that will be available to purchase. They will take posed team photos after each team's first skate, and then action shots during each team's second skate. More information will be published once available.

## Livestream

Sasktel Max Local will be providing a livestream of at least one of the skates. More information will be published once available.

## Contacts

For technical questions please reach out to our Tech Rep:

Jason Whiting

[jason.whiting@sasktel.net](mailto:jason.whiting@sasktel.net)

For logistical or other competition questions please reach out to our Competition Chair:

Debbie Rodger

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